

Installation/Facility: \_\_\_\_\_

Week of/Dates: March 24 - September 19, 2025

CYS Cycle Menu Infants 0-5 months

|                  | Components   | Monday                           | Tuesday                          | Wednesday                        | Thursday                         | Friday                           |
|------------------|--|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| <b>Breakfast</b> | <ul style="list-style-type: none"> <li>• 4-6 fl oz Breast milk or IF infant formula</li> </ul> | Breast milk or IF infant formula | Breast Milk or IF Infant Formula | Breast Milk or IF Infant Formula | Breast Milk or IF Infant Formula | Breast Milk or IF Infant Formula |
| <b>Lunch</b>     | <ul style="list-style-type: none"> <li>• 4-6 fl oz Breast milk or IF infant formula</li> </ul> | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula |
| <b>Snack</b>     | <ul style="list-style-type: none"> <li>• 4-6 fl oz Breast milk or IF infant formula</li> </ul> | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula |
| <b>Snack</b>     | <ul style="list-style-type: none"> <li>• 4-6 fl oz Breast milk of IF infant formula</li> </ul> | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula | Breast milk or IF infant formula |

Iron fortified Infant Formula (IF). Infants fed on demand. Consult CACFP Infant meal pattern for guidance.

*DE Laursen* RDN, LD  
 Denise E. Laursen, MA, RDN, LD  
 CYS Nutritionist, IMCOM G9

4 SEPTEMBER 2020

*This institution is an equal opportunity provider.*