BREAKFAST

MONDAY-FRIDAY | 7:00 AM-9:00AM

SANDWICHES AND BURRITOS

Biscuit, Egg, Bacon, and Cheddar Cheese | $5.75
Biscuit, Egg, Sausage, and Cheddar Cheese | $5.75
Croissant, Egg, Bacon, and Cheddar Cheese | $6.75
Croissant, Egg, Sausage, and Cheddar Cheese | $6.75
Egg, Bacon, Sausage, Cheddar Cheese, and Hashbrown Burrito | $7.25

EGGS AND OMELETS

Omelet Meals Include 2 Potato Triangles, a Side of Salsa, and a Coffee or a Fountain Drink

Cheddar Cheese Omelet | $10.25

Vegetable Omelet | $10.25
(Omelet with cheddar cheese, mushrooms, onions, peppers, and spinach)

Western Omelet | $11.25
(Omelet with cheddar cheese, ham, onions, and peppers)

Meat Lover's Omelet | $12.25
(Omelet with cheddar cheese, bacon, ham, and sausage)

Supreme Omelet | $13.25
(Omelet with cheddar cheese, bacon, ham, sausage, mushrooms, onions, peppers, and spinach)

RISE AND SHINE

Bellwood Sampler | $11.25
(A pancake, scrambled eggs, breakfast potatoes, a biscuit, sausage gravy, bacon or sausage, and a coffee or a fountain drink)

7 French Toast Sticks | $6.75
(Served with powder sugar on top and syrup to dip, plus a coffee or a fountain drink)

Substitutions Are Not Permitted | Updated October 19,2026

GRAB & GO

MONDAY-FRIDAY | 11:00 AM-1:00PM

PIZZA

Pizza Meal | $7.75
Choice of 2 slices of pizza (cheese, pepperoni, while supplies last) and a fountain drink.

SALAD BAR

Salad Bar | $11.75
Start with a base of spring mix, spinach, or, romaine, choose from over a dozen toppings, and dress it with ranch, Italian, Caesar, or oil and vinegar; Add as little or as much as you like, as long as you can fully close your salad container

Protein Add On | $2.00
Grilled chicken breast (1), tuna salad (3 oz), ham (3 oz), bacon (3 pieces), or tofu

EXPRESS

Side Salad | $6.25
Cannot add protein

BEVERAGES

Available 7:00AM - 1:00PM

Coffee (12 oz) | $2.00

Fountain Drink (12 oz) | $2.00

Orange Juice | $3.25

Made-to-order specialty coffees and smoothies are available next door at the Centre Perk Café

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HOT SANDWICHES

MONDAY-FRIDAY | 11:00AM-1:00PM

HOT SANDWICHES ARE MADE TO ORDER AND CAN BE PURCHASED À LA CARTE OR AS AMEAL WITH FRENCH FRIES AND A FOUNTAIN DRINK FOR $4.00 EXTRA

Plain Grilled Chicken | $8.25
(Chicken and melted provolone cheese served open-faced with lettuce, tomato, and onion)

Breaded Chicken | $8.25
(Chicken and melted cheddar cheese served on a sweet bun with lettuce, tomato, and onion)

Chicken Quesadilla | $9.00
(Melted cheddar cheese, grilled chicken, and sautéed peppers and onions grilled between two tortillas, served with salsa and sour cream on the side)

Fish Fillet | $9.00
(Breaded fish fillet and melted cheddar cheese on a sweet bun with homemade tartar sauce)

Chicken Philly | $9.25
(Chicken, topped with provolone cheese, peppers, and onions, and served openfaced)

Beef Philly | $9.25
(Beef, topped with provolone cheese, peppers, and onions, and served open-faced)

Burger | $9.00
(Grilled beef patty, served with lettuce, tomato, and onion)

Cheeseburger | $9.50
(Grilled beef patty, served with lettuce, tomato, and onion)

Bacon Cheeseburger | $10.00
(Grilled beef patty, served with lettuce, tomato, and onion)

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HOT LINE

MONDAY-FRIDAY | 11:00 AM-1:00PM

MONDAY

The Plot Chickens | $13.25 (Chicken dishes with wide range to include Cordon bleu, Chicken Parm, Fried Chicken and more, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Fisherman's Feast | $13.25 (Dishes with seafood on the mind ranging from Fried Fish to Stuffed Fish to CrabCakes, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Dessert | $4.00 (Wide arrangements from small bites to full pies)

TUESDAY

Beef Bliss | $13.25 (Dishes designed around beef products ranging from Meatloaf to Beef and Broccoli to Beef Stew, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Fisherman's Feast | $13.25 (Dishes with seafood on the mind ranging from Fried Fish to Stuffed Fish to Crab Cakes, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Delightful Bites | $4.00 (Enjoy small bites of dessert (examples Churros, Beignets, donuts and more)

WEDNESDAY

The Plot Chickens | $13.25 (Chicken dishes with wide range to include Cordon bleu, Chicken Parm, Fried Chicken and more, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Hungry Hog | $13.25 (Pork dishes that range from Porkchops to Barbacoa to Carolina Style Pulled Pork served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Taste like Home | $4.00 (Desserts that will make you want to call your mom and tell her you love her. Classic dishes to include Cobblers and Pies)

THURSDAY

Infinite Pasta-bilities | $13.25 (Great range of pasta dishes from Chow Mein to Baked Spaghetti to Shrimp Scampi, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Chefs Choice (Any Protein) | $13.25 (Chef Curated dishes From any and all categories, served with a side or rice, assorted vegetables, a roll, and a fountain drink)

Bellwood's Best Bread Pudding | $4.00 (House made Bread Pudding with assorted toppings)

FRIDAY

Fun Fridays (Chef's Choice) | $13.25

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BISTRO BOWLS

MONDAY-FRIDAY | 11:00 AM-1:00PM

MEDITERRANEAN TUESDAY | $13.00

INCLUDES BISTRO BOWL AND A FOUNTAIN DRINK

1. **Bases (Choose 1):** White Rice or Salad Mix
2. **Protein (Choose 1):** Chicken, Gyro, or Tofu
3. **Sauces (Choose 1):** Tzatziki, Lemon Olive Oil, or Greek Vinaigrette
4. **Included Toppings:** Olives, Pickled Red Onion, Cucumber, Tomato, Corn and Feta Cheese

MONGOLIAN WEDNESDAY | $13.00

INCLUDES BISTRO BOWL AND A FOUNTAIN DRINK

1. **Bases (Choose 1):** White Rice or Lo Mein Noodles
2. **Protein (Choose 1):** Chicken, Thin Beef, or Tofu
3. **Sauces (Choose 1):** Soy Sauce, Teriyaki, or Mongolian
4. **Included Toppings:** Broccoli, Carrots, Baby Corn, Bell Peppers, Water Chestnuts, Green Onion

TEX MEX THURSDAY | $13.00

INCLUDES BISTRO BOWL AND A FOUNTAIN DRINK

1. **Bases (Choose 1):** Cilantro Rice, Spanish Rice, or Romaine lettuce
2. **Protein (Choose 1):** Ground Beef, Chicken, or Tofu (all cooked in garlic)
3. **Sauces (Choose 1):** Chipotle Lime Dressing, Salsa Roja (red), or Salsa Verde (Green)
4. **Included Toppings:** Bell Peppers, Black Beans, Cilantro, Corn, Jalapeños, Onions, Shredded Cheddar, and Sour Cream on the side

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BREAKFAST *Your Way!*

FROM THE HOTLINE BAR

FULL BREAKFAST
BELLWOOD SAMPLER • $11.50
Eggs + Meat + Hash Browns + Biscuits or Pancakes • Includes 12 oz Drink

PICK THREE • $9.00
3 choices + 12 oz drink • Limit one meat

PICK TWO • $6.50
2 choices • Limit one meat

CHOOSE: Bacon (6 halves) • Sausage $2 (1 Patty)
Hash Browns (2 triangles) • Biscuits (1 biscuit)
Pancakes (1 pancake) • Grits (4oz)

DRINK CHOICE:
Coffee or Fountain Drink

ADD A SIDE (Sides require a breakfast purchase)
Bacon $3.25 (6 halves) • Sausage $2 (1 Patty)
Hash Browns $2 (2 triangles) • Grits $2 (4oz)
Biscuits $2 (1 biscuit) • Pancakes $2 (1 pancake)





THE OATMEAL BAR

BUILD YOUR *Perfect Cup*

Start with hot oatmeal.
Top it your way with
fruit • granola • brown sugar

$6.50

10 oz of hot oatmeal in a 16 oz cup.
Toppings Included

FAMILY MORALE WELFARE RECREATION

CENTRE Bistro 46