

OFF THE FLAME		SANDWICHES	
1/4 lbs hamburger	\$4.29		Φ <i>E E</i> Ω
1/4 lbs cheeseburger	\$4.79	crispy chicken/buffalo dipped	\$5.50
double hamburger	\$6.29	black bean burger	\$4.79
double cheeseburger	\$6.79	deli wrap breaded pollock sandwich	\$7.00 \$4.50
grilled chicken breast	\$6.25	EVTDAC O DIINIDIEC	•
turkey burger	\$4.29	EXTRAS & BUNDLES (bundles include sandw	
served with lettuce, tomato & onior	٦	french fries / tater tots	\$2.50
HOUSE FAVORITES		add bacon	\$1.00
grilled cheese	\$2.99	extra cheese	\$0.50
grilled ham & cheese	\$4.50	Burger/fish sandwich bundle	\$6.00
grilled turkey & cheese	\$4.50		
BLT (bacon, lettuce & tomato)	\$4.50		
chicken tenders	\$3.99		
vegetarian 'chicken' tenders	\$3.99		
BYO salad no meat/meat	\$5.25/6.25		

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

FIT SANDWICHES ARE CRAFTED IN A LETTUCE WRAP WITH ONION & TOMATO