

CYS Cycle Menu Infants 0-5 months

	Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	4-6 fl oz Breast milk or IF infant formula	Breast milk or IF infant formula	Breast Milk or IF Infant Formula	Breast Milk or IF Infant Formula	Breast Milk or IF Infant Formula	Breast Milk or IF Infant Formula
Lunch	4-6 fl oz Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula
Snack	4-6 fl oz Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula
Snack	4-6 fl oz Breast milk of IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula	Breast milk or IF infant formula

Iron fortified Infant Formula (IF). Infants fed on demand. Consult CACFP Infant meal pattern for guidance.

Denise E. Laursen RDN, LD
 Denise E. Laursen, MA, RDN, LD
 CYS Nutritionist, IMCOM G9

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