



# Team Zero Day



# Zero Day's Mission

- To become Michigan's lead social enterprise for community revitalization through the intentional employment, purposeful training, housing, and deliberate application of the discipline and core values inherent to military Veterans.



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DAY**

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# Struggling to transition home

- In the 2017 Annual Homeless Assessment Report to Congress, it was stated that over 40,000 veterans were experiencing homelessness in America, which was a slight increase from 2016. 2 in 5 of these veterans were found in places that were not suitable of human habitation.



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# Struggling to transition home

- In the 2017 Annual Homeless Assessment Report to Congress, it was stated that over 40,000 veterans were experiencing homelessness in America, which was a slight increase from 2016. 2 in 5 of these veterans were found in places that were not suitable of human habitation.<sup>1</sup>
- In a study of nearly 300,000 OIF/OEF veterans, 36.9% received a mental health diagnosis such as PTS, depression, and/or drug and alcohol misuse.<sup>2</sup>



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# Team Zero Day

- Resources: Are resources the answer?



# Team Zero Day

- Significance: Do I matter?
- Security: Am I safe?
- Goals: What do I do?
- Resources: What tools do I have?



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# Module 1: Significance



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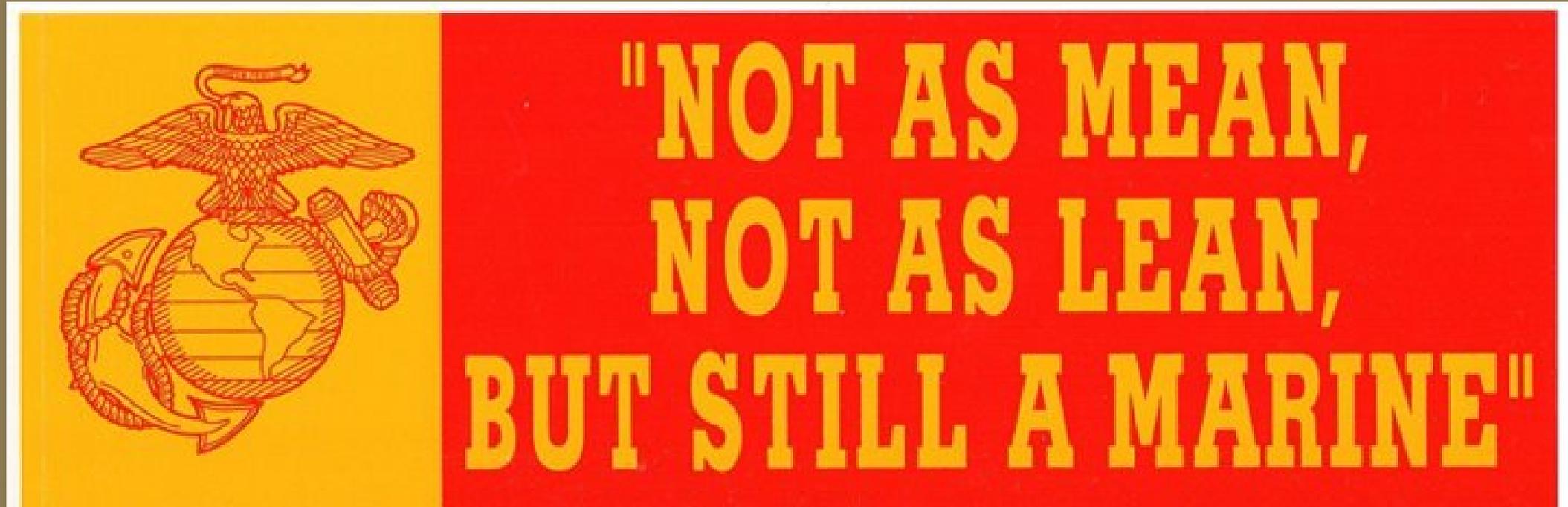
- Identity: I am a Soldier, Sailor, Airman, Marine.
- Purpose: Defend our freedom
- “I, \_\_\_\_\_ do solemnly swear (or affirm) that *I will support and defend the Constitution of the United States* against **all enemies, foreign and domestic**, that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office upon which I am about to enter; So help me God.” (DA Form 71, 1 Aug. 1, 1959, for officers.)<sup>2</sup>

# Module 1: Significance



**"NOT AS MEAN,  
NOT AS LEAN,  
BUT STILL A MARINE"**

# Module 1: Significance



So what do I do now?

# Module 1: Significance

Through Team Zero Day, we:





# Module 1: Significance

Through Team Zero Day, we:

- Affirm Identity



# Module 1: Significance

Through Team Zero Day, we:

- Affirm Identity
- Refocus Purpose





# Module 2: Security



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- Many veterans lack support from family, friends, and social support networks. <sup>3</sup>

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  - In one study, over half of the homeless veterans reported family instability. <sup>4</sup>
  - Another study indicates that nearly 80% of its veteran participants felt disconnection from their family and friends when returning home. <sup>5</sup>

# Module 2: Security



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  - In one study, over half of the homeless veterans reported family instability. <sup>4</sup>
  - Another study indicates that nearly 80% of its veteran participants felt disconnection from their family and friends when returning home. <sup>5</sup>
- The military provided the family structure of setting expectations and caring for its members. <sup>5</sup>

# Module 2: Security

- Through Team Zero Day, we:



# Module 2: Security

- Through Team Zero Day, we:
  - Provide comradery through our community of veterans.



# Module 2: Security



- Through Team Zero Day, we:
  - Provide comradery through our community of veterans.
  - Teach the skills needed to be successful in personal and professional environment.

# Module 3: Goals

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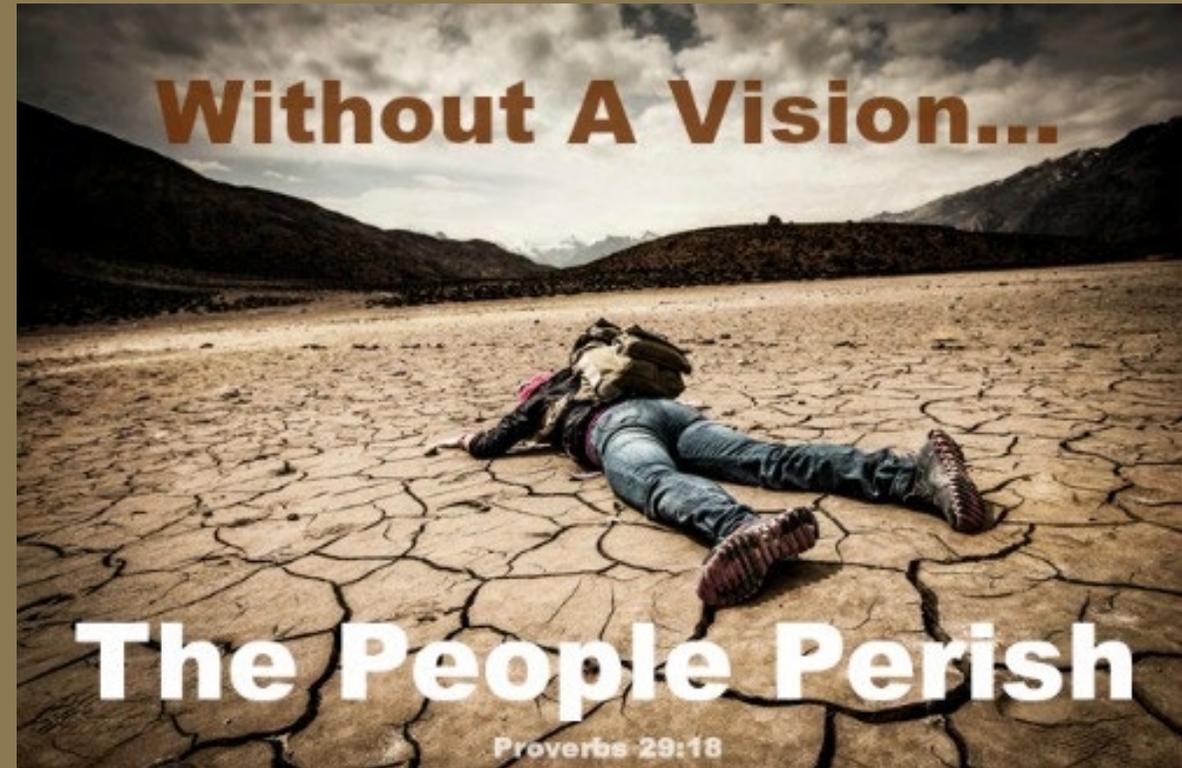
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doesn't lie in not  
reaching your goal.  
The tragedy lies  
in having no goal  
to reach.**

**- Benjamin Mays**

# Module 3: Goals

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- Benjamin Mays



# Module 3: Goals

- Through Team Zero Day, we:

# Module 3: Goals

- Through Team Zero Day, we:
  - Define the veteran's current reality:



# Module 3: Goals

- Through Team Zero Day, we:
  - Define the veteran's current reality:
    - Where they are now
    - What tools do they have

# Module 3: Goals

- Through Team Zero Day, we:
  - Define the veteran's current reality:
    - Where they are now
    - What tools do they have
  - Help develop their personal life vision



# Module 3: Goals

- Through Team Zero Day, we:
  - Define the veteran's current reality:
    - Where they are now
    - What tools do they have
  - Help develop their personal life vision
    - Where they want to go
    - How to reach their goal



# Module 3: Goals

- Specific
- Measurable
- Attainable
- Relevant
- Time-based

# Module 3: Goals

- Secondary Goal:
  - The veteran's current issue



# Module 3: Goals

- Secondary Goal:
  - The veteran's current issue
- Primary Goal:
  - Self-efficacy
  - Healing community

# Module 4: Equip



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- Preparing for the next mission requires the proper resources.
  - How do I find resources?
  - How to use the resources?



# Module 4: Equip

- Through Team Zero Day, we:



# Module 4: Equip

- Through Team Zero Day, we:
  - Provide an information base



# Module 4: Equip

- Through Team Zero Day, we:
  - Provide an information base
  - Provide resource coaching



# Module 4: Equip

- Through Team Zero Day, we:
  - Provide an information base
  - Provide resource coaching
  - Equip them to teach others



# References

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